



Canadian Centre for Diversity and Inclusion Centre canadien pour la diversité et l'inclusion

Educational resources on neurodiversity

The concept of neurodiversity was coined by Judy Singer, a sociologist on the autism spectrum, in the 1990's. The idea behind neurodiversity is that it is acceptable for people to have brains that function differently, and that there is not a "right" way to think, learn, and behave. In this way, the movement calls on society to adjust to neurodivergence (differences in brain function) rather than the other way around. Neurodiversity generally includes people with autism, ADHD, OCD, dyspraxia, dyslexia, dyscalculia, or Tourette's, but others may also identify with the term. People who are neurodiverse may or may not consider themselves to have a disability. Neurodiversity and disability are separate concepts, but it is important to acknowledge both, and the challenges faced by many individuals in navigating a world that wasn't built with neurodivergence in mind.

CCDI webinars

The following webinars were delivered previously, and recorded versions can be accessed via CCDI's Knowledge Repository. If your organization is a [CCDI Employer Partner](#), you and your colleagues can visit the [Knowledge Repository](#) portal to register for access (using a work email address) and login credentials will be sent via e-mail (check Inbox and Junk Mail folder just in case).

Click on the links below to view each webinar (after logging into the Knowledge Repository):

- » [Accessibility - Navigating a world filled with barriers](#) (2019)
- » [Accommodations - The ultimate checklist](#) (2020)
- » [Pour être défenseur\(e\) des droits des personnes handicapées](#) (2018)
- » [Neurodiversity: Strategies for creating a neurodiverse organization / Neurodiversité : stratégies pour la création d'une entreprise neurodiversifiée](#) (2022; Please note: This webinar is scheduled for April 12, 2022 and the recording will be available in the KR via these links after April 22, 2022)

Please view a [schedule and descriptions of our upcoming webinars](#) to be delivered live (recorded versions will be accessible via CCDI's Knowledge Repository shortly thereafter). If your organization is a CCDI Employer Partner, you and your colleagues can register and attend for free. If your organization is not currently a CCDI Employer Partner and you are interested in joining, you can [learn more about partnership and submit an inquiry here](#).

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Charitable Registration Number / Numéro d'enregistrement : 10684-4822-RR0001



Other resources

Articles, reports, and tools

- » [Explique-moi la neurodiversité d'A\(s\)typic](#)
- » [How to Build and Support Neurodiversity in the Workplace](#) from Great Place to Work
- » [La neurodiversité : un aspect négligé de la diversité en ressources humaines](#) from the Ordre des conseillers en ressources humaines agréés
- » [Neurodiversity as a Competitive Advantage / Faire de la neurodiversité un avantage compétitif](#) from Harvard Business Review
- » [Neurodiversity as a vector of creativity and innovation / La neurodiversité comme vecteur de créativité et d'innovation](#) de la Maison de l'innovation sociale
- » [Neurodiversity can be a workplace strength, if we make room for it](#) from The Conversation
- » [Neurotypiques et neuroatypiques : la neurodiversité en formation](#) from the Ordre des conseillers en ressources humaines agréés
- » [Resources for Employers / Ressources pour les employeurs](#) from The Inclusive Workplace

Books

CCDI encourages you to check with your local bookstore or municipal library for availability of these publications.

- » « Nathanaël » (FR - Charlie Renaud)
- » All The Weight of Our Dreams: On Living Racialized Autism (Lydia Brown, E. Ashkenazy, Morenike Giwa Onaiwu)
- » Divergent Mind: Thriving in A World That Wasn't Designed for You (Jenara Nerenberg)
- » La différence invisible (FR - Mademoiselle Caroline et Julie Dachez)
- » L'autisme expliqué par un autiste (FR - Thibaud Moulas)
- » Loud Hands: Autistic People, Speaking (Julia Bascom)
- » Neuro-Tribus (FR - Steve Silberman)
- » Odd Girl Out: My Extraordinary Autistic Life (Laura James)
- » The Power of Neurodiversity: Unleashing the Advantages of Your Differently Wired Brain (Thomas Armstrong)
- » Uniquely Human: A Different Way of Seeing Autism (Barry M. Prizant)



Film and television

Please note: There is a cost related to watching this content and CCDI is not responsible for those costs.

- » [A is for Autism](#) (Vimeo)
- » [A Simple Date](#) (YouTube)
- » [Elle s'appelle Sabine](#) (FR - AlloCiné)
- » [Everything's Gonna be Okay](#) (Apple TV)
- » [Hors normes](#) (FR - Crave)
- » [Keep the Change](#) (YouTube)
- » [Lady Dynamite](#) (Netflix)
- » [Life, Animated](#) (Apple TV)
- » [Scrapbook](#) (Vimeo)
- » [The Mask](#) (Vimeo)
- » [The Reason I Jump](#) (Apple TV)

TED Talks

Please note: French links are for the original TED Talk with French subtitles and/or French transcript.

- » [Debunking the myths of OCD / Démystifier les mythes sur les TOC](#) (Dr. Natascha M. Santos)
- » [How I turned my Tourette's tics into art](#) (Jess Thom)
- » [The world needs all kinds of minds / Le monde a besoin de toutes sortes d'esprits](#) (Temple Grandin)
- » [This is what it's really like to live with ADHD](#) (Jessica McCabe)
- » [What is dyslexia? / Qu'est-ce que la dyslexie ?](#) (Kelli Sandman-Hurley)

Podcasts

- » [Dyslexic Professional Podcast](#)
- » [Exploring Different Brains](#)
- » [Neuroverse](#)
- » [Noncompliant](#)
- » [Raccords: Parcours d'une neuroatypique en quête d'un terrain d'épanouissement inclusif](#) (FR)
- » [Spectra-Cast](#)
- » [Spectrumly Speaking](#)
- » [The Neurodiversity Podcast](#)
- » [The OCD Stories](#)

Accounts to follow on Instagram

CCDI is not responsible for the content posted by any of these accounts.

- » [@adhd_butterfly](#)
- » [@adulthood_with_autism](#)
- » [@autismcanada](#)
- » [@dyscalculiablog](#)
- » [@dyslexiaida](#)
- » [@iampayingattention](#)
- » [@madebydyslexia](#)
- » [@notjustclumsy](#)
- » [@the_mini_adhd_coach](#)
- » [@the_ocdproject](#)
- » [@this.tourettes.guy](#)
- » [@tourettecanada](#)